Food Item	Recipe	Contains (Allergies)
APPETIZER	necipe	Contains (Allergies)
Nachos	Cheese (can add guac, or protein)	Milk, Soy, Wheat
Mozzarella Sticks	encese (can add gade, or protein)	Milk, Soy, Wheat
Tenders		Wheat, Soy
Fried chicken Sand	Cheese, lettuce, pickles, mayo	Wheat, Soy, Milk (cheese), Egg
Fried pickles	Breading, pickles	Wheat, soy,
Pretzel	Breading, promes	Wheat, Soy
Sampler	Queso,tenders,mozz sticks,nachos,pickles fried	Wheat,soy,milk,cheese
Hummus Platter GF,V,VE	Questo, (c. 1. d.	Sesame Seed
Broccoli Ziti Alfredo	Rolls-tree nuts	Wheat, Soy, Egg, Milk
Ziti	Rolls-tree nuts	Wheat, Soy, Egg
Mac N Cheese	Rolls-tree nuts	Wheat, Soy, Egg, Milk
Haddock	None area nate	Wheat, Soy, Milk
Rice Bowls VE VG	(brown rice is VG, white is not!)	vviicat, 30 y, iviiik
Tacos/Bread	(brown fiee is vo, write is not.)	Wheat, soy, eggs, milk
Lobster		Shell Fish
Wings		Wheat and Soy
Cocunut Shrimp		Eggs, shellfish
Bistro Burger	American cheese, lettuce, tomato, pickle,	Milk (cheese), Soy, Wheat
Distro Burger	onion	with (effectse), soy, trileac
Hot Dog		Wheat, Soy
Garden Burger	American cheese, lettuce, tomato, onion,	Milk (cheese), Soy, Wheat, eggs
	pickles	(* * * * * * * * * * * * * * * * * * *
Caprese Sandwich	Mozzarella, tomato, basil pesto	Milk (cheese), Soy, Wheat
Steak and Cheese	Carne asada, cheese	Milk (cheese) Wheat, eggs (roll)
Colossal burger	American cheese, lettuce, tomato, onion, egg	Milk, wheat, soy eggs (roll)
Breakfast Burger	Bacon, American cheese, queso, lettuce, onion, egg	Milk, wheat, soy, egg,cheese
Chicken Bacon ranch	Bacon, ranch dressing	Milk, wheat, soy, eggs
Steak n Cheese Rolls		Cheese,soy,wheat,eggs
Fried Haddock sandwich	American cheese, lettuce, tomato, pickle, tartar sauce	Milk, wheat, eggs, soy
BLT n BLT Salad	Bacon, lettuce, tomato, mayo, blue cheese for salad	Milk, wheat, eggs, soy, cheese
PIZZA		
Cheese		Milk, Soy, Wheat
KIDS MEALS		
Tenders		Wheat, Soy
Hot Dog		Wheat, Soy
Mac and Cheese		Milk, Soy, Wheat, Egg,cheese
Kids Burger	cheese	Milk (Cheese), Soy, Wheat
Ziti with Marinara		Wheat, Soy, Egg
SALADS		, 1, 00
House GF VE VG	Tomato, onion, cucumber, carrots, croutons, cheese	Wheat (croutons)

Ceasar GF VE VG	Parmesan, croutons	Wheat (croutons)
Hash browns		Wheat, Soy
FRIES		
Straight Cut		Wheat, Soy
Waffle		Wheat, Soy
Sweet Potato		Wheat, Soy
Onion Rings		Wheat, Celery Seed
Hashbrowns		Wheat, Soy
DESSERTS		
cheesecake	Milk,cheese,eggs	Wheat, Soy, Egg, Milk,
Ice cream sand/cookies	Vanilla ice cream,cookies	Wheat, Soy, Egg, Milk
brownie sundae	Brownie, vanilla ice cream, whip cream	Wheat, soy,egg,milk
SAUCES		
Blue Cheese		Milk, soy
Caesar Dressing		Milk, soy
Ranch		Milk, soy, egg
Honey Mustard		Wheat, soy, egg
BBQ		
Mayo		Soy, egg
Buffalo		Soy
Ketchup		
Mustard		
Marinara		

VE – Vegetarian

VG – Vegan

GF – Gluten Free

Item	Ingredients	Allergy
CONCESSIONS		
Popcorn GF	Popped in canola oil	
Butter GF		Soy
CANDY	May Contain/ Made in Factory with:	
Buncha Crunch	Nuts, Wheat	Milk, Soy
Cookie Dough	Nuts, Eggs	Milk, Wheat, Soy
Gummie Bears		Wheat
Junior Mints GF	Egg, Milk	Soy
MM Peanuts GF		Milk, Soy, Nuts
MM Plain GF	Nuts	Milk, Soy
Mike and Ikes GF		
Milk Duds GF		Milk
Rainsinets GF	Nuts	Milk, Soy
Swedish Fish		
Resse's Pieces GF		Nuts, Soy, Milk
Skittles GF		
Snickers GF		Nuts, Soy, Milk, Eggs
Sno Caps GF	Nuts	Milk, Soy
Sour Patch Kids GF		
Sour Patch Watermelon		
GF		
Twizzler		Wheat, Soy
Twix Bar	Nuts	Milk, Soy, Wheat
Welch's Fruit Snacks GF		
Kit Kat	Nuts	Wheat, Milk, Soy

VE – Vegetarian VG – Vegan GF – Gluten Free