

Food Item	Recipe	Contains (Allergies)
APPETIZER		
Nachos	Cheese (can add guac, or protein)	Milk, Soy, Wheat
Mozzarella Sticks		Milk, Soy, Wheat
Coconut Shrimp		Wheat, Tree nuts
Tenders		Wheat, Soy
Bone In Wings		Wheat, Soy
3 Chicken Sliders	Cheese, lettuce, pickles, mayo	Wheat, Soy, Milk (cheese), Egg
Bacon Wrapped Scallops		
Pretzel		Wheat, Soy
Loaded Fries	Choose cheese, bacon, sour cream, pico	Wheat, Soy
Main Dishes		
Marinated Steak Tips GF		
Broccoli Ziti Alfredo		Wheat, Soy, Egg, Milk
Ziti		Wheat, Soy, Egg
Mac N Cheese		Wheat, Soy, Egg, Milk
Lobster Roll		Wheat, Soy, Egg, Milk
Haddock		Wheat, Soy, Milk
Scallops		Wheat, Soy, Milk
Lobster Pie		Wheat, Soy, Egg, Milk
Rice Bowls VE VG	(brown rice is VG , white is not!)	
SANDWICHES		
Bistro Burger	American cheese, lettuce, tomato, pickle, onion	Milk (cheese), Soy, Wheat
Hot Dog		Wheat, Soy
Turkey Burger	American cheese, lettuce, tomato, onion, pickles	Milk (cheese), Soy, Wheat
BBQ Chicken Melt	BBQ, lettuce, cheese	Milk (cheese), Soy, Wheat
Caprese Sandwich	Mozzarella, tomato, basil pesto	Milk (cheese), Soy, Wheat
PIZZA		
Cheese		Milk, Soy, Wheat
KIDS MEALS		
Tenders		Wheat, Soy
Hot Dog		Wheat, Soy
Mac and Cheese		Milk, Soy, Wheat, Egg
Mini Burger	cheese	Milk (Cheese), Soy, Wheat
Ziti with Marinara		Wheat, Soy, Egg
SALADS		
House GF VE VG	Tomato, onion, cucumber, carrots, croutons, cheese	Wheat (croutons)
Cesar GF VE VG	Parmesan, croutons	Wheat (croutons)
FRIES		
Straight Cut		Wheat, Soy
Waffle		Wheat, Soy
Sweet Potato		Wheat, Soy

DESSERTS		
Tiramisu		Wheat, Soy, Egg, Milk, Nuts
Triple Chocolate Cake		Wheat, Soy, Egg, Milk, Nuts
SAUCES		
Blue Cheese		Milk, soy
Caesar Dressing		Milk, soy
Ranch		Milk, soy, egg
Honey Mustard		Wheat, soy, egg
BBQ		
Mayo		Soy, egg
Buffalo		Soy
Ketchup		
Mustard		

VE – Vegetarian

VG – Vegan

GF – Gluten Free

Item	Ingredients	Allergy
CONCESSIONS		
Popcorn GF	Popped in canola oil	
Butter GF		Soy
CANDY	May Contain/ Made in Factory with:	
Buncha Crunch	Nuts, Wheat	Milk, Soy
Cookie Dough	Nuts, Eggs	Milk, Wheat, Soy
Gummie Bears		Wheat
Junior Mints GF	Egg, Milk	Soy
MM Peanuts GF		Milk, Soy, Nuts
MM Plain GF	Nuts	Milk, Soy
Mike and Ikes GF		
Milk Duds GF		Milk
Raisinets GF	Nuts	Milk, Soy
Swedish Fish		
Resse's Pieces GF		Nuts, Soy, Milk
Skittles GF		
Snickers GF		Nuts, Soy, Milk, Eggs
Sno Caps GF	Nuts	Milk, Soy
Sour Patch Kids GF		
Sour Patch Watermelon GF		
Twizzler		Wheat, Soy
Twix Bar	Nuts	Milk, Soy, Wheat
Welch's Fruit Snacks GF		
Kit Kat	Nuts	Wheat, Milk, Soy

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